









**Parent Professional Workshop – Sensory Support in the Home
Resource Pack**

<p>Leeds for Learning</p> <p>STARS 'Introduction to...' guides Leeds for Learning</p>	<p>The 8 Senses</p> <p>What is sensory processing?</p> <p align="center">  Sensory Cups Infographic </p>	<p>Making Sense of Sensory Needs</p> <p>Making sense of sensory behaviour a practical guide for parents and carers a5 booklet</p> <p>Sensory differences - a guide for all audiences (autism.org.uk)</p>
<p>Assessing sensory needs and preferences</p> <p align="center">  Sensory checklist (colourful) </p> <p align="center">  Regulator.pdf </p>	<p>Sensory Environments</p> <p align="center">  Environmental Checklist example  Child/Young person rate the room </p> <p>Sensory-Friendly Home - Occupational Therapy Helping Children</p>	<p>Examples of Sensory Activities and Supports</p> <p align="center">  Example activities to support sensory differences  Tools to grow - sensory support activities </p> <p>Joining in with Sensory Differences NHS GGC</p> <p>Sensory processing challenges: Strategies you can try at home (understood.org)</p>
<p>Sensory Diet Visuals</p> <p align="center">  Sensory toolkit cue card home.pdf </p>	<p align="center">Interoception</p> <p align="center">Ready to Learn Booklet</p> <p align="center">30 Days of Interoception Activities - Kelly Mahler</p> <p align="center">Printable Resources - Kelly Mahler</p>	